

Feedback: Helping James Help You.

Fill this out after our visit and bring back at our next visit.

I want your input for a better therapeutic alliance or fit for your benefit.

Please answer these questions honestly. Be really honest, I can take it. 😊

Mark on this scale of one to ten, in which ten is the highest. Did you feel listened to and understood by James?

1 2 3 4 5 6 7 8 9 10

What did we cover today that is most important to remember and learn from?

What did you think and feel about today's meeting?

Did anything bother you in today's meeting? What?

What shall we cover at our next meeting?

Do you want to be given specific homework in an effort to improve progress of your goals? If yes, do you know which type you would like?

What questions do you have for me at our next meeting?

Thank you so much! Contact me any anytime with your thoughts.

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